

Name: _____

Date: _____

The Days and Months

The seasons make a cycle that is one year long.

Another cycle that is one year long is the months. There are twelve months that make one year. The names of the months are:

January

May

September

February

June

October

March

July

November

April

August

December

Another way we track time is with days. There are seven days that make a cycle. We call this cycle a week. The days of the week are:

Monday

Thursday

Saturday

Tuesday

Friday

Sunday

Wednesday

On what day does your school week start? _____

In what month does school end? _____

In what month is your birthday? _____

What is your favourite day of the week? _____