The Days and Months

The seasons make a cycle that is one year long.

Another cycle that is one year long is the months. There are twelve months that make one year. The names of the months are:

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

Another way we track time is with days. There are seven days that make a cycle. We call this cycle a week. The days of the week are:

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday
- Sunday

On what day does your school week start? ____________ Monday

In what month does school end? _______________ June

In what month is your birthday? _________________

What is your favourite day of the week? _______________